

ABSTRACT OF THE DISCLOSURE

A preparation having a health-promoting action for the prevention and/or treatment of disorders of the digestive tract, contains one or more probiotics and one or more non-digestible oligosaccharides. The probiotics are preferably chosen from bacterial strains such as a strain of a *Lactobacillus* or a *Bifido bacterium* species and from yeast strains such as a strain of a *Saccharomyces* species.